



Getting the Most Out of Your MSPI/DVPI Technical Assistance Provider

July 26, 2018



**Urban Indian
Health Institute**
A Division of the Seattle Indian Health Board

We stand on Pamunkey & Piscataway land
Thank you for hosting us



Session Objectives

Describe the technical assistance services offered by the Tribal Epidemiology Centers

Discuss strategies for maximizing use of technical assistance services

Identify opportunities for leveraging technical assistance services to support current and future project goals

Why use technical assistance?

- Help understand grant reporting requirements
- Build your skills to do your own evaluations
- Save time and effort later
- Build your evidence base for strategic planning
- Get better data

Tribal Epidemiology Centers are your technical assistance providers



Who is the Urban Indian Health Institute?

- Our mission: Decolonize data, for Indigenous people, by Indigenous people
- Support the Urban Indian Health Network
- UIHI improves AI/AN health by:
 - Identifying & understanding health disparities and resiliency
 - Strengthening public health capacity
 - Disease surveillance and disease prevention
 - Providing research and evaluation grounded in Indigenous methods
 - Supporting health promotion and disease prevention
- Serves 21 IHS urban MSPI and 14 DVPI projects

**So... what does a TEC actually DO for
MSPI/DVPI?**



Consultation

- Evaluation
- Develop data collection tools
- Data analysis
- Presentation assistance



Resources

- Data
- Trainings
- Culturally-appropriate tools
- Connections
- Opportunities

How to access a TA Provider?

- Step 1: Figure out who your TA provider is
 - <https://www.ihs.gov/mspi/techassistance/taproviders/>
- Step 2: Contact them, clearly describe what you need
- Step 3: Mention any specific timelines or deadlines
- Step 4: Provide your contact information.
 - Full name
 - Position/title
 - Organization
 - Email & Phone



Strategies for Maximizing Your TA Provider

- Involve your TA provider closely from the beginning
- Have a clear “ask”
- Know your purpose – why are you collecting data?
- Incorporate your own expertise
- Organize your data



Minnesota Indian Women's Resource Center

- Founded in 1984
- Provides a range of culturally-grounded services:
 - Housing & family stabilization
 - Chemical dependency, mental health
 - Two Spirit, youth, & adult service programs
 - And more!
- “To empower American Indian women and families to exercise their cultural values and integrity, and to achieve sustainable life ways, while advocating for justice and equity.”

Two Spirit Needs Assessment

- Wanted documentation of risk factors for sexual exploitation of Two Spirit youth
 - What do Two Spirit youth need from support people?
 - Very little research done with this population
- Mixed surveys and interviews
- Began August 2017, completed February 2018

TA Process

Contacted UIHI for technical assistance

Iterative process to draft survey, interview guide

Tools piloted with staff and Two Spirit group members

Participants contacted, survey implemented

Data sent to UIHI for analysis and summary

How did technical assistance help?

- Would not have happened otherwise
- Holistic assessment with limited time and resources
- Respectful, culturally appropriate services
- Easy to work with
- Generated discussion

Challenges

- UIHI was unknown to the community
- Highly sensitive topic
- Challenging survey

Thank you!
Questions?



Urban Indian Health Institute

A Division of the Seattle Indian Health Board

611 12th Avenue South, Seattle, WA 98144
Phone: (206) 812-3030 Fax: (206) 812-3044
Email: info@uihi.org Website: www.uihi.org